



Wells Ogunquit Center At Moody
Senior Needs Committee
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Wells ME 04090

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www.wocam.org

Senior Central



Phone: 207-646-7775

Location:
300 Post Rd. Rt. 1
Wells, ME 04090

Mailing Address:
PO Box 987
Wells, ME 04090

Email:
wocam2016@gmail.com



Art in Bloom Trip

We are taking a trip to the Portland Museum of Art on Friday, February 16. We will leave the Center at 10 am. A docent will give us a tour of the museum at 11 am. Following the tour, you are invited to attend a lecture entitled *Art in Bloom*. This is about an exhibit that pairs flower arrangements with paintings. If you would rather, you may wander the galleries. Afterwards we will have lunch. Sign up to secure your place for the trip. There is a \$13 entrance fee to the museum. The center will collect \$5 per person to cover travel expenses. You will need to bring money to cover your lunch.

Valentine's Raffle

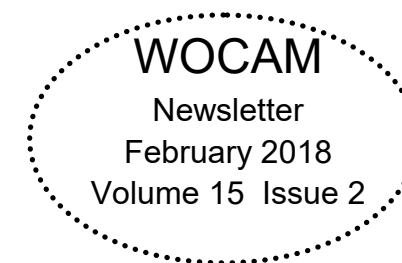
Do you have a sweetheart? Time to think about a special gift for Valentine's Day. How about a Giant Sweetheart Gift Basket? We are raffling off one terrific prize. The prize will include gift certificates to Make It Kennebunkport, McDonalds, the Yodeling Clam. Also included are a floral, enamel necklace and bracelet set, a bottle of wine and two movie books. The value of this package is approximately \$200.

Buy your Tickets 1 for \$1 or 8 for \$5 at the office.

Drawing will take place on Tuesday, February 13.

It's Not a Typo

The numbers following your name on the address label serve a purpose. They represent the date when your membership is set to expire. Your membership fee is critical to the maintenance of our Center. If you are unable to pay your membership dues, Please let us know, and we will make special arrangements to keep you on board.



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Maintaining Eye Health

Thursday, February 22 at 10 am we will have a special educational seminar on *Maintaining Eye Health*. This seminar will be presented by the Iris Network. The Iris Network is accredited by the National Accreditation Council for Blindness and Low Vision Services. There is no charge for this event. Please sign up in the office.



PULMONARY REHABILITATION PROGRAM
at Kennebunk Center for Health & Rehabilitation



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Mission Statement

To promote the well being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

Inquiring Minds Want to Know....



Super Bowl Game

Tickets are \$10 a square to participate in our Super Bowl Game. Winners will receive \$100, \$150, \$200, and \$300. Come by the Center to enter. The Super Bowl is Feb. 3

What's Up in February

Please check calendar for daily activities

February

Sat. Feb. 3 9 am—4 pm	5th Warming Saturday, Lunch by Wells Police Dept ./ Music by Ray Calabro
Fri. Feb. 6 1 pm—3 pm	First Scrapbooking Class
Sat. Feb. 10 9 am—4 pm	6th Warming Saturday, Lunch by Ogunquit Rotary / Music by David Hollis
Tues. Feb. 13 9:30 am—3 pm	Valentine's Raffle
Fri. Feb. 16 10 am—3 pm	Portland Museum of Art Trip
Sat. Feb. 17 9 am—4 pm	7th Warming Saturday, Lunch by People's Choice Credit Union & Feile Restaurant/ Music by Shades of Grass
Mon. Feb. 19	Closed for President's Day
Thurs. Feb. 22 10 am	Maintaining Eye Health Seminar, The Iris Network
Fri. Feb. 23 3 pm	Newcomers' Reception
Sat. Feb. 24 9 am—4 pm	8th Warming Saturday, Lunch by Varanos & People's United Bank / Music by David Hollis

March

Sat. March 3	9th Warming Saturday, Lunch by People's United Bank/Music by Carolyn Hutton Drowned Valley
Wed. March 7 9 am—6 pm	Peabody Essex Museum Trip. <i>Georgia O'Keefe Exhibit</i>
Thurs. March 15	Atria St. Patrick's Day Luncheon



Board Of Directors

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Vice Chair: Ron Allen (18)

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June Messier (19)
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Ron Allen (18)

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Bob Winn, Ogunquit, B.O.S.

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Activities & Newsletter

Liz Eickmann

Volunteer Receptionists:

Taryn Allen
Bonnie Guptill
Doris Morgridge
Lorraine Moulton

Website:

Liz Eickmann

Warming Saturdays

In the winter, The Center opens its doors for anyone to come in and stay warm. We play games, serve food, and are entertained. Come here and turn down your home thermostat.



Volunteers and Donations are critical to the functioning of Warming Days, and we are looking for both. Please consider giving of your time at least one Saturday over the coming months.

Warming Days are open to everyone from 9 am—4 pm Saturdays in January and February. They are free, but donations are gratefully received.

Line Up for February & March

February 3, Sponsored by Wells Police Dept.
Performer: Guitarist, Ray Calabro

February 10, Sponsored by Ogunquit Rotary
Performer: Song Stylist, David Hollis

February 17, Sponsored by People's Choice Credit Union and Feile Irish Pub & Restaurant
Performer: Shades of Grass Bluegrass Band

February 24, Sponsored by Wells Family Practice and Varano's Restaurant
Performer: Song Stylist, David Hollis

March 3, Sponsored by People's United Bank
Performer: Carolyn Hutton Drowned Valley Band



Anne Pope
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email: anne.pope@beangroup.com
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Kimberley.weiner@sunriseseniorliving.com
www.sunriseseniorliving.com

Hannaford Gift Cards



Sign up, pick your value, and pay by February 1. Cards will be ready to pick up on or before February 7, 2018.

Order in denominations of \$25, \$50, or \$100.

Remember, for every \$100 ordered, Hannaford donates \$5 to WOCAM.

Newcomer Reception

Friday, February 23 at 3:00 pm there will be a reception to welcome Newcomers to our Organization.

We will serve sandwiches and cookies. Find out about activities at the center and meet the board.

All members are welcome to this event.

Medicare Solutions
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Surgery Associates
Surgery Associates



Send a Smile

Call or send a card. Anniversary, Birthday, Get Well or welcome a newcomer to the Center.

Happy Anniversary!

Lee & Bill Boudrot	6
Gracy & Gary Littlefield	11
Muriel & Jordan Freedman	14
Emilie & Paul Eichelroth	19
Robert & Carole Black	22
Betty & Tony Chionchi	25

Happy Birthday!

Frank Ranta	3
Nancy Kwederis	3
Paul Winn	4
Donna Cummings	4
Helen Wood	5
Charles Anderson	6
Barbara Putnam	6
Ralph Minichiello	7
Diane Johnson	8
Marie Ciampa	9
Polly Coletti	9
Cal Conniff	10
Barbara Levey	11
Anne Rachmaciej	11
Carl Buchman	12
Ryna Lipkind	13
Gerry Friedman	14
Denise Daigle	16
Mary Nora McNally	16
Elizabeth Jones	18
Barbara Wallace	19
George Hassard	21
Pamela Wolfgang	21
Jeanne Wolfson	22
Paul Weiner	23
Marcy Vachon	23
David Barton	24
Ernest Paras	24
Sheila Tufts	25
Charlene Salvaggio	28

Martin and Janet Shorer were a much loved couple at our Center. Since their passing we have learned that they kindly bequeathed \$1,000 to Wells Ogunquit Center At Moody. We are grateful for their gift and we wish to express our greatest sympathy to their loved ones.

We wish a speedy recovery to Bob Hastie. Get well soon, Bob!

Chase & Hamlyn Gravel

Wells, ME

207-646-8795

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Sentry Hill



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Peabody Essex Trip

Works by the famed artist, **Georgia O'Keefe** will be on display at the Peabody Essex Museum in Salem Massachusetts. We will be leaving the Center at 9 am on Wednesday, February 7 to see this amazing exhibit. Entrance to the Museum is \$18, plus we will charge a \$5 fee for travel expenses. Please be sure to plan on money for lunch and dinner.



Scrapbooking Class

A new class will begin Fridays in February for Scrapbookers. Bring your pictures and ideas. Expert Scrapbooker, Andrea Thomas, will show you how to save your precious memories. Classes will take place on Fridays from 1-3 pm in the Craft-room. Bring papers, pictures, glue and scissors. If you have other tools or supplies, feel free to bring those as well. Classes will be \$12 per lesson.

A Chilling Night at a Drafty Castle

Sunday, March 4 at 4 pm, \$20 for tickets
The Lady of Drafty Castle has had to accept paying guests and is hosting an odd mix of American tourists, Questionable family members, along with detectives and servants. One has a secret identity and another is a murderer. Come see this story put on by the "Applause for a Cause Troupe."



220 Clay Hill Rd.,
Cape Neddick, ME

Welcome Seniors!
Phone: 207-361-2272

Present this coupon to receive 20% off your food with a 5:30 reservation.




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and Friends
Now and In
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of Those
Who Have Passed*

-SIC

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From a Member-
Who Appreciates-
The Center.**

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Activities and Programs

AYLI Schedule

Renee will be here on the **3rd Wednesday of the month** at the Center from **9-10:30 am** to provide the AYLI vouchers for \$6.00 each. Enrollment is free and you may purchase up to 10 vouchers at any one time. A \$6.00 voucher buys you a great meal at a few of our area restaurants. This is a great way to get out for a bite at a very reasonable cost.

And....Vicki, the Resource Specialist from So. Maine Agency on Aging will be available to assist you. If you call her for an appointment at (207) 396-6549 she'll meet with you here at the Center.

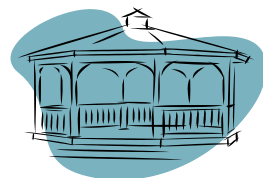


Ray Farnham, is our VFW and American Legion representative. He will assist veterans with locating services and benefits in our area. Ray is available at the Center by appointment. Please call his home phone (646-8521) to schedule a meeting.

Also, many services are readily available at the **Sanford Veterans' Center**, 628 Main Street, Springvale. 207-490-1513.

Wells Harbor Concerts

Every Saturday July thru Labor Day 6:30 pm.

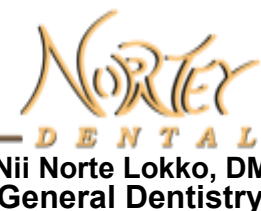


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Harbor Road, Wells

In case of rain: Ward Gym @ Jr. High on Route 1, Wells
For more information call: 646-5596

Mon-Weds. 7am—5pm



By Appointment Thur. &

**Nii Norte Lokko, DMD
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1333 Post Road (Rte. 1), Unit 1A, Wells, Maine 04090

Brush-up on Your Card Skills / Learn a New Game

Pinochle Class will be held 9-10 am on Fridays. For more information call the Center 646-7775



Line Dancing

Instructor: Diane Anderson

Monday

(Beginners) 1:00-2:30

Thursday

(Advanced) 1:00-2:30



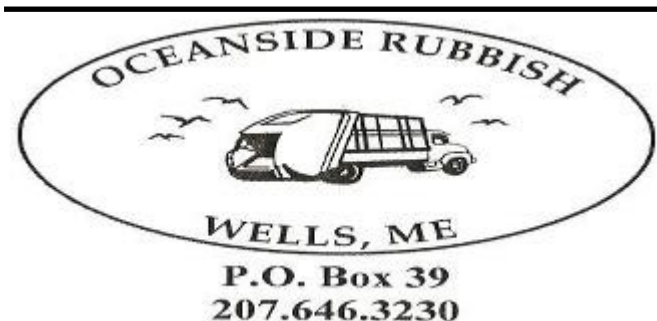
Friendly Bridge

Tuesdays, 12 pm—3pm

Come enjoy a game of Friendly Bridge. This group plays for fun. No cut-throat play with this group.

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In The Know and On the GO!

We are all on our own path to

Wellness And Balance



Gentle/Adaptive Yoga

On Hiatus in February

Mon 2:45-3:45

Weds 9:30-10:30

With Janine Robichaud
Work on Alignment, Strength
Balance and proper Breathing
Use a chair Or bring your own mat!
\$4/members and \$8/non-members
Find Vitality, Inner Peace
And Joy!!

Brush Up BRIDGE CLASS by Bob Howard

Bridge Class continues the 13 week cycle on Thursdays from 10AM to 12PM with Bob. The class covers the following conventions:

- ♣2/1
- ♥Transfers
- ♣Blackwood
- ♥Rozenkrantz
- ♦LTC (Losing Trick Count)
- ♠Stayman
- ♦Bergen Raises
- ♠Responsive Bids to



Durgin Pines

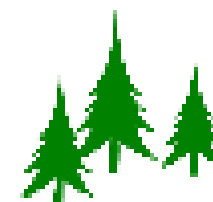
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Art Class

Mondays 2 pm—4 pm

Beginning January 22

Favorite local artist, *Virginia Souza*, will be our Instructor.

There will be a \$20 charge for this class.



BROADWEIGH

DANCE

Thursday mornings from 9:15 –10:15

\$6.00 per class.

The Studio is located at 2 Finson Road, South Berwick.



We have a wonderful line-up of shows for you this year @ Ogunquit Playhouse.

(207)646-5511

www.OgunquitPlayhouse.org

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